

Temple into Wholeness

AYAHUASCA RETREAT



COLOMBIA RETREAT
1ST JUNE – 9TH JUNE 2026

You might have heard the calling

The whispers from a realm beyond the veil. A quiet pull from deep within, as though the ancient winds of time have carried your name to the heart of the Earth.

This is no ordinary call - it is the voice of your soul, inviting you to step into a sacred space where the ordinary fades and the extraordinary unfolds.

Imagine a place where the jungle breathes in rhythm with your heart, where every leaf, every ripple in the water, and every star in the vast night sky holds a message meant for you.

A place where you can release the weight of what no longer serves and rediscover the truth of who you are.



This Retreat is not just a journey



But a passage guided by the sacred wisdom of Ayahuasca the grandmother medicine, a teacher as ancient as time itself. Her teachings come not through words, but through visions, sensations and profound insights that awaken the dormant parts of your being.

Here, surrounded by the embrace of nature and the nurturing presence of experienced guides, you will step into a sacred ceremony designed to reconnect you with the essence of your true self. The medicine works not to fix but to reveal, not to change but to heal. Through her wisdom, you will find yourself weaving together the threads of your past, present, and future into a beautiful tapestry of purpose and clarity.

In this space you are deeply held...



You are seen and you are safe to deeply surrender.

Together, we'll create a container of trust, allowing you to explore the depths of your heart and the heights of your spirit.



YAGÉ

Deep within the lush landscapes of Colombia

Amidst its sacred rivers and dense rainforests, flows the spirit of Yagé - a revered plant medicine that has been used for generations by indigenous tribes. Known for its profound ability to bridge the physical and spiritual worlds, Yagé is more than a brew; it is a gateway to inner transformation and divine wisdom.

This sacred medicine, crafted with reverence by skilled hands, invites you into a ceremonial journey unlike any other. It is said to be a teacher and a guide, helping you uncover truths buried within and reconnect to the essence of who you truly are. In Colombia, Yagé is honoured not just as a healer, but as a sacred lineage - a bridge connecting the wisdom of the Earth to the spirit of the people.



Guided by a fourth-generation shaman whose heritage is interwoven with the medicine, you will sit in ceremony surrounded by the energy of the land where Yagé was born.

The jungle whispers its ancient songs and the medicine calls you to step into the unknown with trust and an open heart. Through the depths of this journey, Yagé offers profound insights, releasing old wounds, clearing emotional blockages, and expanding your understanding of the interconnectedness of all things.

It is here, in the embrace of Colombia's sacred terrain, that you'll be invited to realign with your highest self and carry the gifts of this medicine back into your life.

*The facilitators of this sacred journey are
Pamela Rogers and Ami Hubbard*

When these two forces unite, something extraordinary is born.

Pamela, the heart and soul behind The Temple Spaces and Ami, the visionary force of I Am Wholeness, bring together two unique realms of healing, wisdom and transformation. Each bring their own mastery.



Like rivers flowing from different sources, their journeys have carried them through the deep landscapes of their own growth, learning and expansion, only to meet at this sacred crossroads.

Pamela's work is steeped in creating sanctuaries – both within and without. Through her years of guiding others, she has become a beacon of safety and connection, offering a grounded, nurturing presence where souls can unravel and rebuild. Her gift lies in helping others access the sacred within themselves, creating spaces where transformation feels not only possible but inevitable.



Where The Temple Spaces Meets I Am Wholeness

Ami brings a powerful fusion of hypnosis and breathwork, which she calls Breathnosis. This unique modality weaves the depth of subconscious exploration with the vitality of conscious breath, creating profound shifts in awareness and embodiment. With an intuitive ability to guide others into the heart of their own truths, Ami holds space for transformation in a way that feels both tender and deeply empowering.

Together, Pamela and Ami weave a sacred container that is both rooted and expansive, offering the perfect balance of support and growth. Pamela's deep nurturing presence complements Ami's dynamic, activating energy, creating a space where participants feel safe to explore and inspired to evolve.



ABOUT DOÑA MARTHA

The medicine will be served by a revered Shaman, Doña Martha Elena Burgos and supported by her daughters Carolina and Maria.

A 4th generation keeper of the Ayahuasca (yage) tradition. This sacred lineage flows through Doña Martha veins. Her connection to the plant medicine is a living, breathing part of her. Her guidance is deep, her presence is powerful and her wisdom is the embodiment of the ancient teachings of the jungle.

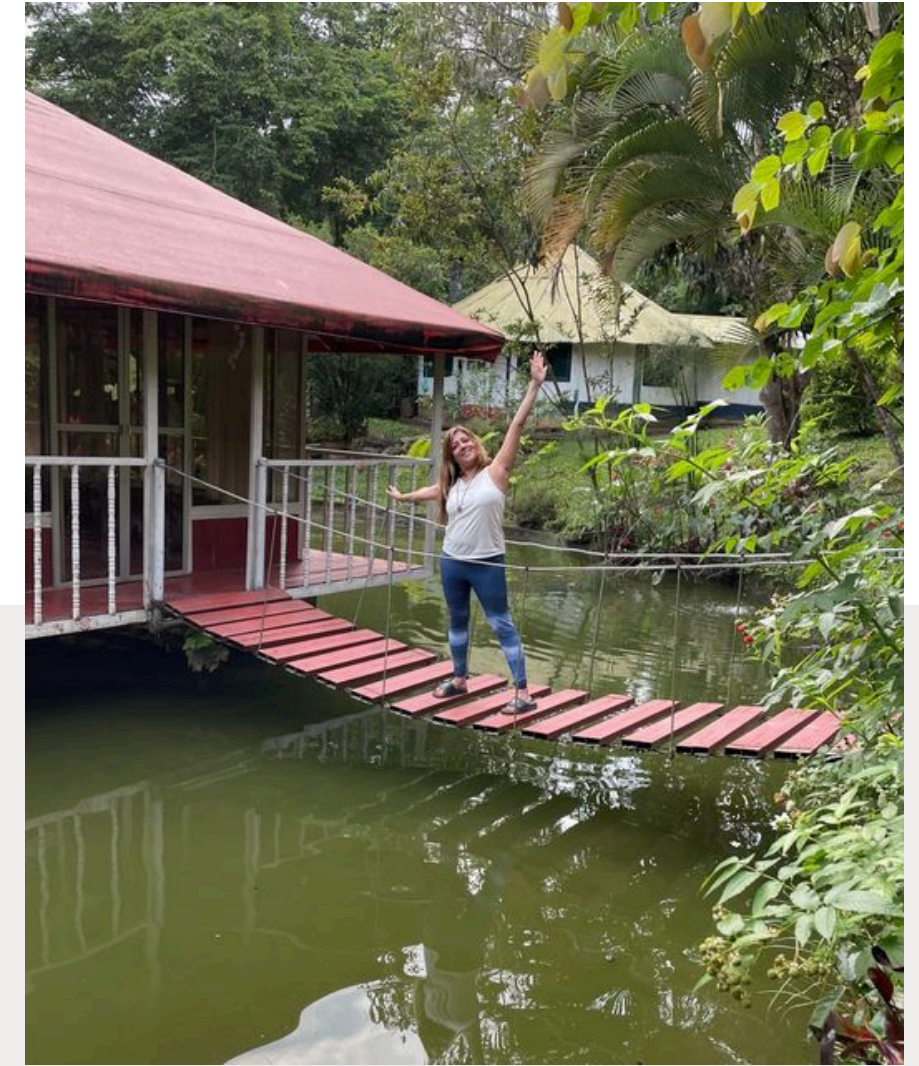


MEET PAMELA

For over 25 years, Pamela Rogers has dedicated herself to a journey of self-realisation and the pursuit of her soul's purpose. With an insatiable curiosity and a deep thirst for understanding, she has explored the depths of her being through mentorship, immersive courses, retreats and hands-on practice. Each step has shaped her into the intuitive, compassionate guide she is today.

Pamela's path has been one of continual growth and unfolding, marked by her roles as a intuitive healer, spiritual life coach and medicine woman. These experiences have not only deepened her connection to her authentic self but have also equipped her to guide others on their unique journeys of transformation.

Through her work, Pamela creates sacred spaces where individuals feel held, seen and empowered to heal, grow and align with their highest potential. She weaves together ancient wisdom, modern techniques and her own lived experiences to support others in stepping into the fullness of who they are meant to be.



MEET AMI

Ami Hubbard illuminates the path for women seeking to reclaim their divine essence and connect with their innate magic. As a somatic hypnotist, breathwork facilitator and plant medicine integration coach, she weaves ancient wisdom with modern healing techniques to guide women home to themselves.

Through transformative breathwork and somatic healing programs, Ami creates sacred spaces where women shed their limiting beliefs and step into their full power. Her approach combines gentle guidance with deep cellular healing, allowing each woman to access her own inner knowing and spiritual truth.

A devoted student of plant medicine traditions, Ami bridges the mystical insights from sacred ceremonies with practical daily life. Her comprehensive integration process harmonizes multiple healing modalities, empowering clients to become their own healers. By accessing their soul's wisdom and embracing their authentic nature, Ami's clients discover not just healing, but a profound awakening to their most expansive and vibrant lives.



AMI & PAM'S COMMITMENT

Ami and Pam have designed the Temple into Wholeness program for you to be fully prepared to meet the medicine with courage and clear intentions. The Temple into Wholeness program is designed to give you the tools to begin manifesting your intentions now, creating a sacred container for profound transformation that begins long before your retreat experience.

Our journey together starts with two months of dedicated preparation work, where you'll be lovingly guided through:

- Deep inner child and parts work to reconnect with aspects of yourself that need healing
- Somatic healing practices and breathwork to bring in clarity and facilitate deeper integration
- Intention setting practices to connect with and direct the medicine to heal with ease and grace
- Essential preparation tools and grounded ways to partner with medicine during your journey.



CONTINUED

Our commitment is to hold space for your complete journey - from initial preparation through to integration - ensuring you feel supported, understood and empowered every step of the way.

Here's a more detailed description incorporating those specific modalities:

Through this transformative process, you'll be guided through powerful healing modalities that work in harmony to facilitate deep, lasting change:

- Experience profound release of old patterns through specialised breathwork sessions, allowing you to access and transform stored emotions and limiting beliefs
- Inner child healing and parts therapy, reconnecting you your wholeness
- Access deeper layers of consciousness through hypnosis, helping you reprogram subconscious patterns and align with your highest potential
- Learn practical somatic healing techniques that anchor your transformation in the body, creating sustainable change that extends far beyond our time together
- Receive a comprehensive set of integration tools that support your continued growth and expansion long after the retreat



THE GARDEN OF EDEN



This isn't just a retreat. It's a union of hearts, minds and spirits, working together to create a portal of profound transformation - and you are invited to step through.

If you have felt the calling, it is no accident.

This invitation is a portal to transformation, an opportunity to commune with the sacred, and a chance to step into the life you were always meant to live.



DAY 1 & 2

1st & 2nd June

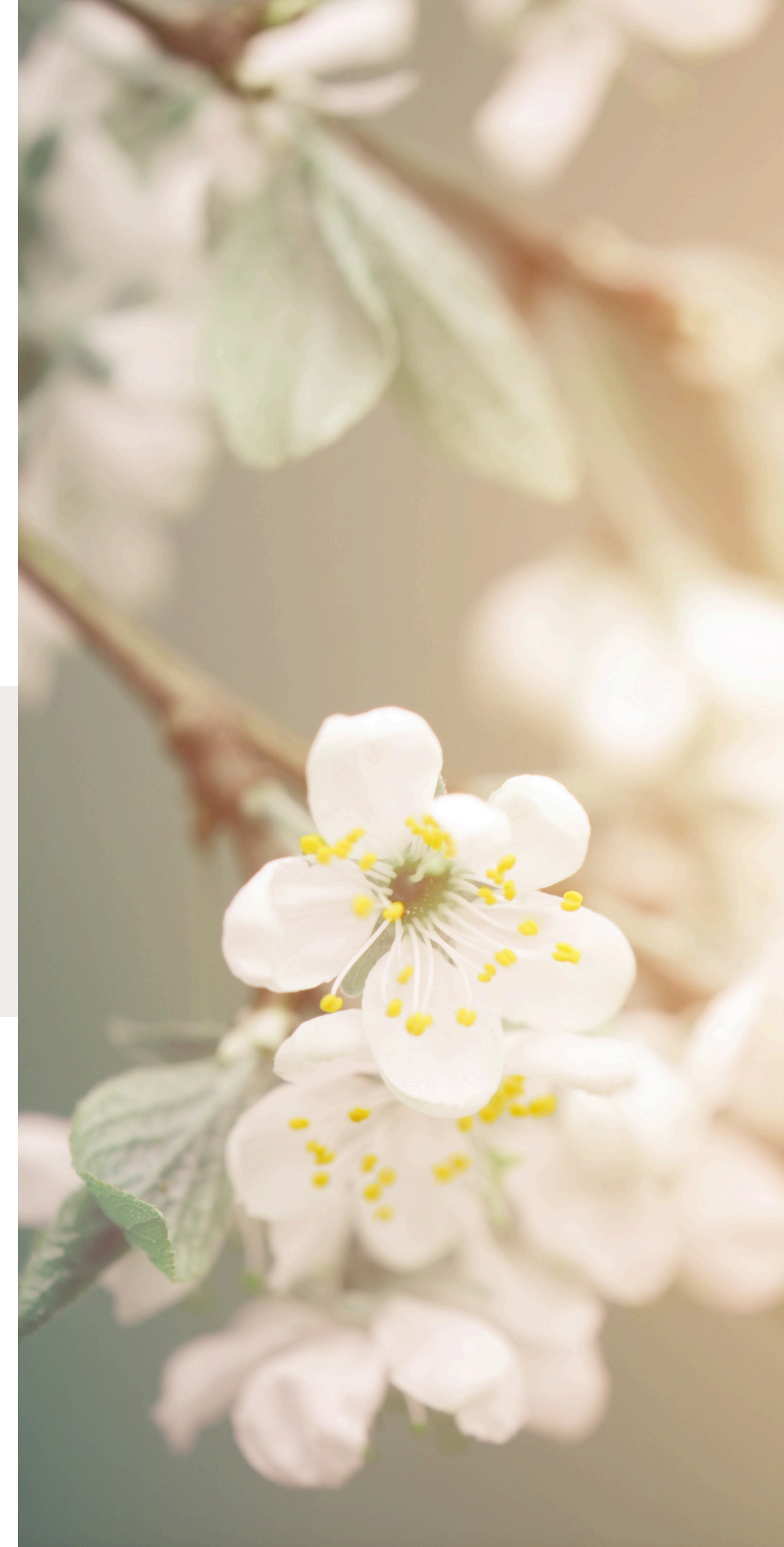
Arrival in Bogotá

Upon your arrival in Bogotá, you will be warmly welcomed and picked up from the airport, then taken to your luxury hotel. These first days are dedicated to acclimatising and resting, giving you time to settle in and prepare for the transformative journey ahead.

Day 2: Inner Preparation

We begin our day with teachings on intention setting, sacred ceremony protocols and personal guidance to support your process. You'll have time to connect with the group, share your intentions, and deepen your understanding of what you are calling into your life through this journey.

In the afternoon, we will gather to explore the beautiful handcrafted markets and enjoy a welcome dinner, a heartfelt space to meet one another, set the tone for the retreat and step into this sacred container together.



ITINERARY

DAY 3

3rd **June**

The group will embark on the journey to the retreat centre, with a relaxing stop for lunch to nourish and connect before continuing.

Upon arrival at the centre, you'll have time to settle in, unpack and acclimatise to the sacred surroundings.

You'll have the option to experience a Hapé ritual, honouring the ancestral spirit of the land, or engage in a Breathwork session designed to deepen your connection and prepare you for the transformative days ahead.



ITINERARY

DAY 4, 5, 6

4th, 5th 6th June

Begin the day with a sacred Yagé ceremony, connecting deeply with the wisdom of the medicine.

Most mornings will offer space to sit with Kambo before the ceremony, for those who are drawn.



DAY 7

7th June

As our time at the retreat center comes to a close, we journey back to Bogotá. Upon arrival, we'll sha lunch and explore the markets.

The evening will be spent resting at a luxury hotel, allowing space to prepare for tomorrow's final integration, where we'll weave together the lessons and insights from the retreat into the fabric of daily life.

Some may feel ready to return home the next day, making this their final night, while others may choose to remain another night.

Both paths are held with ease and respect.



DAY 8

8th June

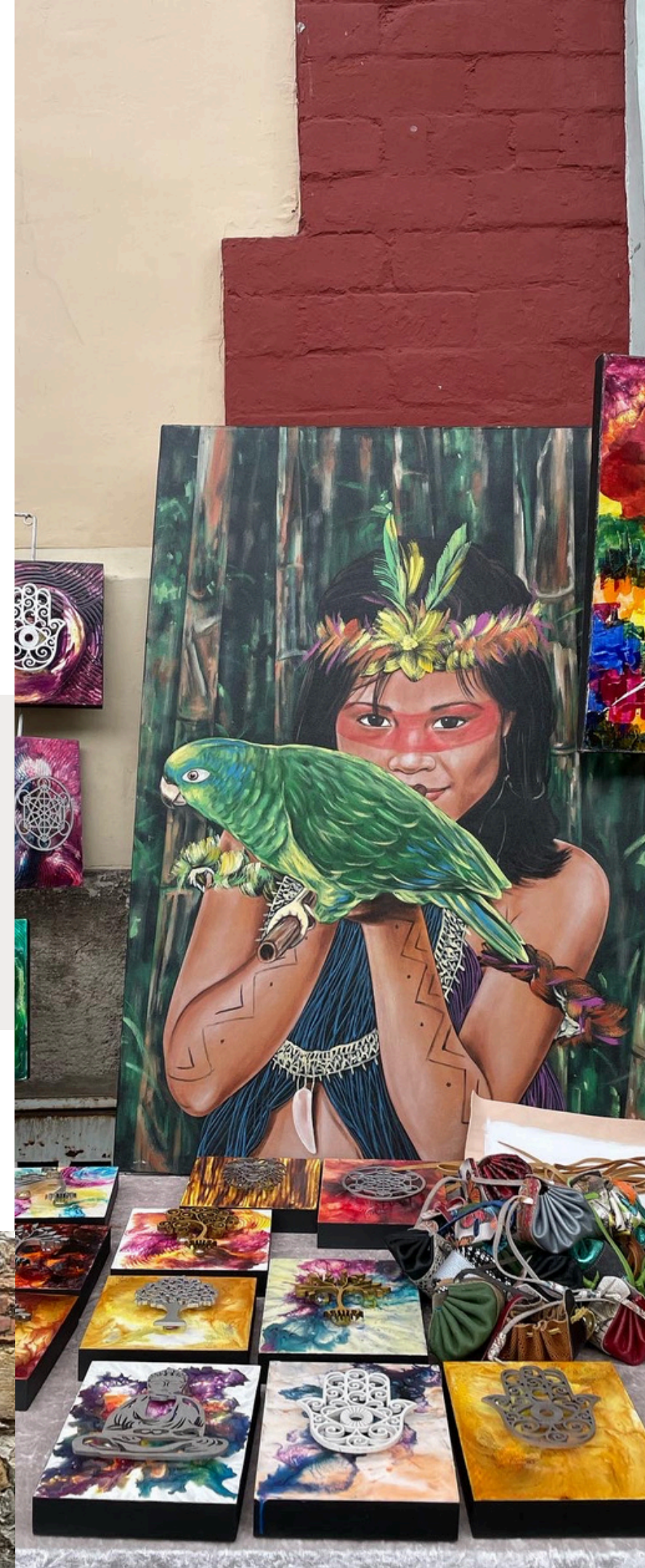
Our last day of the retreat is dedicated to gentle integration, creating space to anchor the wisdom and transformation experienced throughout the journey.

Some may wish to wander back to the markets, soaking in the colours and vibrancy one last time. Others may be drawn to the water - a swim, a Turkish steam bath or jacuzzi or simply to rest, journal or sit in quiet meditation.

Whatever calls to you, this day is about honouring your own rhythm, allowing the medicine to settle into your being in the way you most need.

This is a time for closure, clarity, and celebration of the journey you've undertaken.

Check out on the 9th



WHAT'S INCLUDED

Luxury hotel accomodation in Bogota
inc. breakfast
Shared accomodation at the retreat
All meals at the retreat centre
Welcome meal
On route meal
Departure meal
Yage ceremonies x 3
Comprehensive preparation guide
On-line calls x 4
1-2-1's with either Ami or Pam
Breathwork
Cacao Ceremony
Transport to and from airport
Luxury gift bag



INVESTMENT

Early Bird Cost

£2600

\$3500

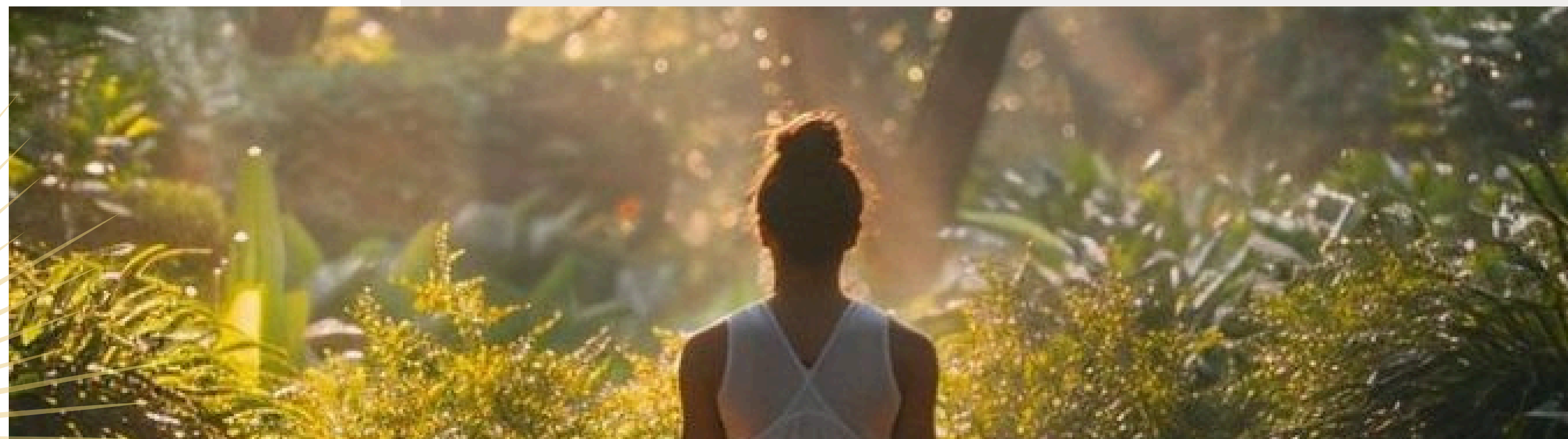
Ends March 2026

Investment

£2850

\$3850

Payment plans also available.



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